

# Brainy Workshops For Teachers and Parents.

Challenging students?

# 2015

Parents and teachers come wanting to fix the kids and gain lots for themselves.



## 5 Minute Switch -On

These exercises get the brain ready for learning. Move the students from play to learning mode quickly and easily. CD and Booklet available for \$36.

## Remember Easily.

Visual memory is our fastest learning style. Learn how to use visual memory to recall, lists, spelling, sight words and number facts quickly and easily.



## De-stress.

Simple techniques help create calm by releasing stress and after upsets, return to work quickly creating more time on task.

## Dominance Profile

Based on Carla Hannaford's work on right/left brain dominance and learning. A dominance profile is a key for understanding and overcoming many barriers to learning and performing well.



## Introduction to Kinesiology

Kinesiology is a fast growing natural therapy that uses acupressure points to switch the brain and body on so that Life and Learning are easier and more fun. All kinesiologists use muscle testing. With muscle monitoring you easily identify the causes of stress and to identify how to get brain and body back on track fast.

Free

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If you know a child who is **a messy eater or writer**, **can't sit still**, is over sensitive, **easily distracted**, having trouble learning, **speaking, moving or behaving** - then these workshops are of value to you.

Term 1: 2015 Tuesdays February 17<sup>th</sup>, 24<sup>th</sup>, March 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>.

3.30 -5.30 pm

The fee for this set of 4 workshops is \$160 per person.

A group of 5 people is \$599. A group of 10 is \$750.

Call for payment details and to RSVP

These workshops are run at 30 Church St, West End, Townsville, but can come to your workplace at a time that suits you.

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