

## Fees - November 2014

| Service                                | Time Allow | Fee   | Comment  |
|--|------------|-------|--|
| <b>Kinesiology Balances for Adults</b> |            |       |  |
| Initial Kinesiology Session            | 1 ½ hours  | \$ 90 | Includes history and contact details and a kinesiology balance |
| Kinesiology                            | 1 hour     | \$70  |  |
|  | 1 ½ hours  | \$90  |  |

| <b>Move Right to Learn Right (MRLR)- movement and energy work for children</b> |           |       |   |
|--|-----------|-------|---|
| Initial MRLR Assessment  | 1 hour    | \$90  | Reflex assessment & introduction to energy work.            |
|  | 1 hour    | \$70  | Kinesiology balance and home support.                       |
|  | 30 minute | \$30  | Weekly sessions movement only                               |
| MRLR Term Program  |           | \$299 | 2 kinesiology balances and 6 X 30 minute movement sessions. |

| <b>Workshops</b>  |                                     |              |   |
|---|-------------------------------------|--------------|---|
| <b>Brainy Exercises Workshop...</b><br>5 Minute Switch-On<br>Remembering Easily<br>De- Stress<br>Dominance Profile<br>Introduction to Kinesiology | 2 hours each                        | Total \$160  | Participants-Teachers, parents.<br><br>Get the brain integrated and organised.<br>How to worker smarter not harder.<br>Look after yourself while on the go.   |
| <b>Professional Development...</b><br>The Alert Program (TAP)<br>Move Right to Learn Right  | 5 hours each                        | \$150        | Daycare staff. Teachers working with young children.  |
| <b>Parent and Playgroup...</b><br>Happy feet<br>Smiley Faces<br>Nimble Fingers  | Drop in and chat.                   | Donation     | Simple exercises to help your child's body and brain development while you're doing your everyday living with your child.   |
| <b>Community Workshop...</b><br>Introduction to kinesiology<br>Food and kinesiology<br>Pets and kinesiology<br>Figure 8 energy work               | 2 hour<br>4 hour<br>4 hour<br>4hour | \$20<br>\$40 | Stand alone workshops. You are introduced to muscle monitoring, how to check what energises or drains the body/brain system... emotions, foods, environment.... and how to enable the body to do its best work. |

| <b>Kinesiology Training</b>  |           |           |   |
|------------------------------|-----------|-----------|---|
| Touch For Health Synthesis   | 64 hours  | \$1480.00 | 4 X 16 hour workshops. Deposit required |
| Neuro Linguistic Kinesiology | 180 hours | \$3330.00 | 9 X 20 hour workshops. Deposit required |

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